

Capital Area Public Health Network

Semi-Annual Public Health Advisory Council (PHAC) Meeting

November 7, 2017



Agenda

- Overview of the Capital Area Public Health Network
- Accomplishments and Highlights
- Efforts to Increase Access to Narcan in Capital Area
- Public Health in New Hampshire
- Young Adult Population and Strategies
- Q&A

Capital Area Public Health Network

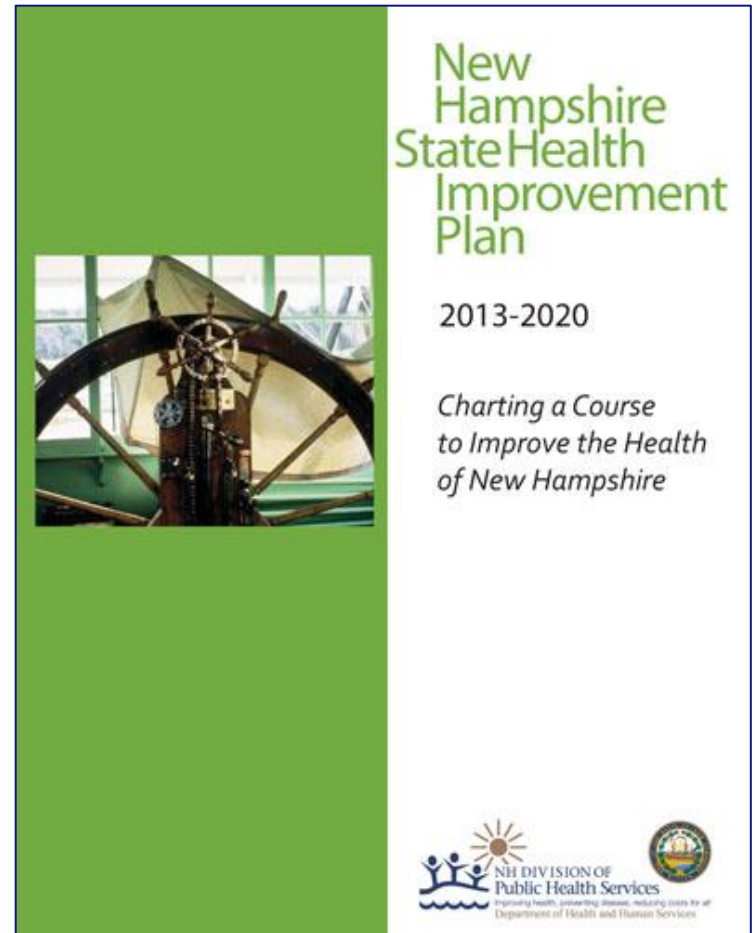
- One of 13 regional public health networks in NH
- Serves 24 communities
- Granite United Way (host agency) contracts with NH DHHS to convene, coordinate, and facilitate public health partners and initiatives in the region
- Public Health Advisory Council (PHAC)
 - General PHAC and PHAC Executive Committee



NH State Health Improvement Plan (SHIP)

10 Priorities

- Tobacco
- Obesity/Diabetes
- Heart Disease & Stroke
- Healthy Mothers & Babies
- Cancer Prevention
- Asthma
- Injury Prevention
- Infectious Disease
- Emergency Preparedness
- Misuse of Alcohol & Drugs



Capital Area Community Health Improvement Plan (CHIP)

Developed in 2015

- PHAC EC & CHIP Subcommittee
- Consult with CHI and NH Center for Public Policy Studies
- PHAC community meetings, stakeholder interviews, focus groups
- Data presentations



County Health Rankings Model of Population Health *(with Capital Area Priority Areas)*

Health Outcomes: LENGTH OF LIFE (50%) and QUALITY OF LIFE (50%)



Health Factors:

HEALTH BEHAVIORS (30%)

1. Misuse of Alcohol and Drugs
2. Obesity (*health behaviors of diet, exercise, breastfeeding, and screen time*)

CLINICAL CARE (20%)

3. Access to Comprehensive Behavioral Health Services

SOCIAL & ECONOMIC FACTORS (40%)

4. Educational Achievement
5. Economic Wellbeing
6. Public Health Emergency Preparedness
7. Injury Prevention (*including older adult falls and suicide*)

PHYSICAL ENVIRONMENT (10%)

8. Lead Poisoning Prevention



Priority Areas

1. Misuse of Drugs and Alcohol
2. Obesity
3. Access to Comprehensive Behavioral Health Services
4. Educational Achievement
5. Economic Wellbeing
6. Public Health Emergency Preparedness
7. Injury Prevention (*including Older Adult Falls and Suicide*)
8. Lead Poisoning Prevention

NH DHHS Contract

Scopes of Services (funded)

- Public Health Advisory Council
- Public Health Emergency Preparedness
- School Based Vaccination Services
- Substance Misuse Prevention
- Continuum of Care for Substance Use Disorders
- Young Adult Strategies (*NEW for SFY 2018*)
- Young Adult Leadership (*NEW for SFY 2018*)

Accomplishments and Highlights

- Participated in Community Health Institute's Evaluation Learning Collaborative
 - Ensuring all workgroups have a workplan
 - Continued funding from Granite United Way for agencies implementing strategies to address 4 CHIP priority areas
 - Misuse of Drugs & Alcohol
 - Access to Comprehensive Behavioral Health Services
 - Educational Achievement
 - Economic Wellbeing
- *Over \$1.04 Million awarded to 18 different agencies

Workgroups and contacts

Priority Area & Workgroup	Contact
Misuse of Drugs & Alcohol: Substance Misuse Prevention Leadership Team	Annika Stanley-Smith Annika.stanley-smith@graniteuw.org
Obesity: Capital Area Wellness Coalition	Valerie Ferland Vferland@crhc.org
Access to Comprehensive Behavioral Health Services: Continuum of Care Leadership Team	Pam Littlefield Plittlefield@riverbendcmhc.org
Educational Achievement: TBD	Rachel Maxwell Rachel.Maxwell@graniteuw.org
Economic Wellbeing: Concord Workforce Coalition	Terri Tedeschi Terri.Tedeschi@doe.nh.gov
Public Health Emergency Preparedness & Response: Regional Coordinating Council (RCC)	Mary Reed Mary@CapitalAreaPHN.org
Injury Prevention: Falls Injury Prevention Workgroup	Keliane Totten Keliane.Totten@crvna.org
Lead Poisoning Prevention: TBD – Statewide workgroup	Rachel Maxwell Rachel.Maxwell@graniteuw.org

Program Highlight: Narcan Community Education & Dispensing

- Opioid Crisis
- Anyone Anytime Campaign
- NH DHHS Naloxone Distribution & Training Initiative
 - 6000 kits in 2015
 - 10 Community Health Centers
 - Community Events through RPHN's
- Standing Orders



How to administer Narcan Nasal Spray



CARFENTANIL

Carfentanil is an animal tranquilizer that has been used safely by many veterinarians treating very large animals such as horses, elephants, and other zoo animals. The synthetic opioid is 100 times more powerful than fentanyl and can be absorbed through air and skin contact. Because carfentanil can be absorbed through air and skin contact, people are urged to exercise extreme caution to avoid exposure.

Please follow these guidelines:

- STOP** Don't go in, assess risk.
- CAUTION** If you have to go in, don't touch.
- STOP** If you touch, wear a mask, gloves, and eye protection.

First responders attempting to revive someone who has overdosed using naloxone (Narcan) should review the following recommendations:

- 1. STAY SAFE**
Perform a risk assessment before you ever enter a scene.
- 2. PROTECT YOURSELF**
If you enter an area where you believe a synthetic opioid has been used, take appropriate precautions by wearing gloves, a face mask, and eye protection.
- 3. DON'T TOUCH**
Never touch substances or items that look suspicious, such as vials, exposed needles, or syringes. Action of materials may be acted to carfentanil to make it look like cocaine or heroin.
- 4. ADMINISTER NALOXONE (Narcan)**
Administer naloxone as directed by your medical protocols. Be prepared to administer more than one dose of naloxone. After stabilizing the person who has overdosed – which may include administering rescue breathing – be prepared to leave the contaminated scene and call law enforcement.

WARNING

Program Highlight:

Narcan Community Education & Dispensing

Priority Area: Misuse of Alcohol & Drugs

Goal: Decrease the number of drug-related overdose deaths in the Capital Area among all age groups.

Objective: Increase access to and education regarding the use of Narcan/naloxone by healthcare providers and community members.

Priority Area: Public Health Emergency Preparedness

Goal: Develop and expand overall capacity to prepare for, respond to, and recover from public health emergencies in the Capital Area.

Objective: Increase the capacity of individuals, families, and community members to prepare for, respond to, and recover from public health emergencies.

Program Highlight: Narcan Community Education & Dispensing



Program Highlight: Narcan Community Education & Dispensing

- **16** Community Education & Dispensing Events held
- **611** No-Cost Narcan kits dispensed to community members
- **22** Narcan Administration Education sessions to social service agencies, behavioral health care providers, and local school districts, educating over **143** staff members



Program Highlight: Narcan Community Education & Dispensing

- **Successes**
- **Challenges**
- **Questions**



Question and Answers?

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Thank you

